

FOR IMMEDIATE RELEASE

Garret Bruno, PT, DPT Joins Arizona Manual Therapy Centers

Experienced physical therapist provides “hands-on” approach to injury rehabilitation, injury prevention and general wellness

SCOTTSDALE, Ariz., April 21, 2015 – Citing the explosive growth in the number of patients taking advantage of its preventive and rehabilitative physical therapy services with a “hands-on” manual therapy approach, Arizona Manual Therapy Centers today announced that Garret Bruno, PT, DPT (doctor of physical therapy) has joined the practice. With the addition of Dr. Bruno, the Arizona Manual Therapy Centers now comprises three licensed physical therapists including founder Richard Sedillo who is also a Certified Orthopedic Manual Therapist.

“I am excited to join the Arizona Manual Therapy Centers team because of their philosophy about customized patient care combined with a hands-on approach, not often found in many physical therapy practices,” explains Dr. Bruno. “I enjoy working closely with my patients throughout the entire appointment rather than handing them off to an assistant. It’s clear from the clinic’s satisfied and growing patient base that they also appreciate it. I look forward to being part of such a dynamic, dedicated team that always puts the patient front and center.”

Dr. Bruno received his Bachelor of Arts degree from Arizona State University, then earned his doctorate in physical therapy from A.T. Still University in Mesa, Arizona. Bruno also works part-time in a surgical hospital to stay current in the most up-to-date acute care physical therapy. His continuing education includes advanced spinal manipulation and kinesio-taping to alleviate pain and enhance performance.

Arizona Manual Therapy Centers’ “hands-on” approach goes beyond physical therapy’s traditional “stretch and exercise” methods by incorporating orthopedic manual therapy. This literal hands-on manipulation and mobilization of joints and muscles helps restore the normal function of soft tissues and joints in a way that stretching and exercise alone cannot – with less pain.

Richard Sedillo, PT, COMT (Certified Orthopedic Manual Therapist) and founder of Arizona Manual Therapy Centers welcomes Garret Bruno to the team, stating, “Garrett’s hands-on approach to patients

is critical to our practice and we are delighted to find someone like him who shares our vision of what physical therapy should be.”

To learn more or to schedule an appointment with Dr. Bruno or any of Arizona Manual Therapy Centers’ staff members, please visit www.arizonamanualtherapycenters.com.

To download a photo of Dr. Garrett Bruno, click here.

Click to tweet: New #physicaltherapist Garret Bruno joins Arizona Manual Therapy Centers.

#physicaltherapy #painrelief

About Arizona Manual Therapy Centers

Since 2004, Arizona Manual Therapy Centers has been helping patients in the Scottsdale and Phoenix areas recover from sports injuries; traffic, home and work-related accidents; and the various aches and pains that crop up in the normal course of life. Its therapists collaborate with the patient’s primary care or specialist physician to prepare a comprehensive rehabilitation and recovery program that focuses on three areas: relieving immediate pain, helping patients heal and preventing a recurrence of the problem. Its hands-on approach goes beyond physical therapy’s traditional “stretch and exercise” approach by incorporating orthopedic manual therapy. This literal hands-on manipulation and mobilization of joints and muscles helps restore the normal function of soft tissues and joints with less pain in a way that stretching and exercise alone can’t achieve. To schedule a visit please call 480.629.466, email corinna@arizonamanualtherapycenters.com or fill out the [online form](#).

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